



– **GABRIELLE** –
JACKSON
dietitian

CONTACT

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EDUCATION

B.Sc. Dietetics (Stellenbosch)

“ I love to define the difference between information which is correct and factual, and bad information - and thereafter, lead people in the best direction. ”

EXPERIENCE & SKILLS

- Food regulations consultation
- Dietetic private practice
- Nutrition & health projects
- Client relations

PROFILE

Gabrielle is a registered dietitian; after finishing her community service in northern KZN, she started a private practice in Johannesburg. At FACTS she assists with nutrition, health and food labelling projects, seeing clients in Gauteng and providing regulatory talks and training.

Other activities she is involved in include health promotion campaigns and media interactions. This diversity in experience gives her a good perspective on how the food industry is perceived by the general public, as well as how food labelling and food allergies affect individuals.

When Gabrielle is not consulting or seeing patients, she enjoys spending time in the kitchen. Other passions include playing golf as often as possible, doing yoga, and even trying a creative hand at sewing, woodwork and design.